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ACE RaceRunning - Summer 2021

We have so been enjoying the fabulous weather over the last few weeks. Here is our latest news.

Frame Running Scotland Virtual Event



As all national disability athletic events that normally take place at this time of year were cancelled, Frame Running Scotland (formally RaceRunning Scotland) in partnership with Scottish Athletics and Scottish Disability Sport, organised a virtual event to allow Frame Runners to take part in a national event from within their own club environment.

Each week through June and July, times over competition event distances were recorded and submitted to Frame Running Scotland. The goal was for individuals to try and better their times for each distance over the summer.



Everyone has worked really hard and this has shown in the results! Everyone has been able to improve their times and are even running quicker than they were before lockdown. This a fantastic achievement after a break of almost 18 months. Congratulations everyone and a big shout out to our coach David for getting everyone back to such wonderful form.



Arnold Clark Community Fund

We were delighted to receive a grant of £1,000 from The Arnold Clark Community Fund. The fund was created as part of their commitment to give back to the community and help local groups.



Frame Runners Better Together Event



Inspire SA (Disability Sport in South Ayrshire) recently held a Frame Running event at Dam Park. The morning consisted of training sessions and races took place in the afternoon. With attendees coming from North, South, West and East of Scotland (Aberdeen, Girvan, Glasgow and East Lothian), a number of our members were also able to attend, pictured left. The weather stayed fine, many medals were won and a great day was had by all.

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ACE RaceRunning is a Scottish Charitable Incorporated Organisation (SCIO) Charity No SC048258 regulated by the Scottish Charity Regulator (OSCR)