



A.C.E. RaceRunning Club Newsletter - Summer 2018

Our latest news.

Platinum Sponsor : New Name – Same Support



Our Platinum Sponsor has recently rebranded to become “Blue Rock Insurance Brokers”. We have very much appreciated their support over a number of years which has provided us a solid platform from which to provide our activities, and we are delighted that this will be continuing. In addition, a team of four from the company have just undertaken a fundraising “Tough Mudder” on our behalf – a very tough challenge indeed – and will also be providing new club fleeces.



Red Star Championships

With the glorious weather continuing, it was wonderful to use the gazebo to keep the sun off us instead of the rain at the recent Red Star event. And the hot, dry, calm weather also brought out the best in our RaceRunners with several personal best times on the day.



William finished the day with 3 Golds and 1 Silver in some very closely fought races and set PB's in his 100m, 200m and 400m with 22s (reduced by 3 secs), 43.6s (reduced by 6 secs) and 1m34.3s (reduced by 14 secs) respectively. Dylan received 2 Golds and recorded 21.61 in his 100m, bringing down his previous PB by 2.5 secs, and 1m30.4s in the 400, an improvement of 9 secs. Gavin set a new best time in his 100m (17.3 secs) and 800m (2m48.3s).

Well done for these tremendous performances to the athletes and their coach! Thanks also to our volunteers Laura, Natalie & Joe for helping out on the day as well as our RaceRunner's families.

