



A.C.E. Race Running Club Newsletter - Summer 2017

Brenda's Mature Movers



We were delighted to be chosen by 'Brenda's Mature Movers' to be the charity to benefit from their 10th annual charity walk and lunch. A huge thank you to everyone who took part and supported them. Brenda put the participants through a warm-up before the walk along the seafront, which was followed by a delicious lunch in the Horizon Hotel. The fantastic sum of £2,000.61 was

raised which will be used to purchase a much needed new X-Large bike. Margaret was delighted to be able to speak after lunch about the club and receive the donation from Brenda Gibson, who runs the group.



Glasgow Prestwick Airport



Just before Christmas we received a cheque for £650 from the Glasgow Prestwick Airport Employee charity fund. Employees donate to the fund throughout the year which is then split amongst charities chosen by the employees. It was a lovely pre-Christmas surprise to find out that we had been successfully nominated.

Competition News

The annual Red Star Open Championship took place on June 17th and for once the sun shone. There was a total of 19 RaceRunners competing drawn from 8 locations, a fantastic turnout and there were some really close finishes. Well done to club members Andrew, Dylan (who was competing in his first competition) and William who set 3 PB's (100m, 200m and 400m).

RaceRunning Seminar

Queen Margaret University (QMU), Edinburgh, teamed up with the Cerebral Palsy International Sports and Recreation Association (CPISRA) and researchers at Edinburgh University to stage its first ever public RaceRunning seminar on Saturday 27th May 2017.

Physiotherapists, students, athletes and their parents, researchers, and representatives of local leisure and sports clubs from across Scotland and beyond came together on the university campus to find out more about RaceRunning and its associated research.

Topics of discussion included an athlete's perspectives of the sport, which was delivered by Gavin and Peter spoke on the role and aims of CPISRA.

