



# A.C.E. Race Running Club Newsletter - Spring 2015

Club sessions for 2015 are well underway at Dam Park Stadium, Ayr and also at Ayrshire Athletics Arena, Kilmarnock, led by coaches from Kilmarnock Harriers AC.

## Provincial Grand Lodge of Ayrshire & Ayr Sovereign Council No 68



The club was delighted to be selected by the 'Provincial Grand Lodge of Ayrshire' as one of their benefited charities this year. Margaret was invited to attend the annual Masters Dinner and there received a cheque from Provincial Grand Master, Robert Little, for the magnificent sum of £1,500 to purchase a new Running Bike for the club. Margaret was able to speak about work of the club to the audience of the current Masters of all of the Lodges in Ayrshire and their wives, and to thank them in person for such a wonderful donation.

In addition, Lodge 'Ayr Sovereign Council No 68' also chose to make a donation to the club and here Margaret is pictured receiving a cheque for the wonderful sum of £600 from Archie McKay, with Neil Mitchell, left, and Gavin Campbell, right. Immediately, part of this donation has been used to purchase A.C.E. Athletic Tops for our members.



Once again our heartfelt thanks to both for their generous support.

## Congratulations !

Our warmest congratulations to Iona who has successfully gained her degree in Physiotherapy. Iona has been volunteering with us for a couple of years now and is very popular with all our athletes whom she assists with their stretches. We have no doubt that she will be a wonderful physio – Well Done Iona!

## Competition News

The Scottish competition season gets underway soon. Our experienced younger athletes will be in action on 3<sup>rd</sup> June at the SDS Junior Athletics Championships, Grangemouth.



The Red Star AC Championships, usually held in mid June, have been postponed until later in this year's season. The Crownpoint Athletics Track where they are held is currently undergoing refurbishment and will not be completed in time. The new date will be advised in due course. The first open competition will now be the Forth Valley Flyers Championship on Sunday 19<sup>th</sup> July at Grangemouth.



The other competition dates are also listed on the website calendar.

## Club Website

You can read more on these and other news items on the club's website at [www.acerr.org](http://www.acerr.org).